

Question 1

11. In relation to household budgeting, differentiate between essential expenditure and discretionary expenditure. Give **one** example of each type of expenditure.

Essential expenditure
Example
Discretionary expenditure
Example

Question 2

11. Name **one** statutory consumer protection agency.

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Outline the role of the statutory agency named.

Question 3

5. Name **three** properties of sugar and state **one** culinary use of each.

Property	Culinary use

Question 4

3. State **two** functions of omega 3 fatty acids in the diet.

(i)
(ii)

Question 5

4. Outline **two** meal planning guidelines that should be considered when planning meals for a person with osteoporosis.

(i)
(ii)

Question 7

9. In relation to food additives, name **two** physical conditioning agents and give the function of each physical conditioning agent named.

Physical Conditioning Agent	Function
(i)	
(ii)	

Question 8

12. Outline the function of **each** of the following parts of a refrigerator:

the condenser
the evaporator

Question 9

14. Describe **two** different ways that consumers can be more environmentally conscious when choosing electrical goods.

(i)
(ii)

Question 10

13. State **two** pieces of information that should be found on a permanent label under the Fire Safety (Domestic Furniture) Order (1988, 1995).

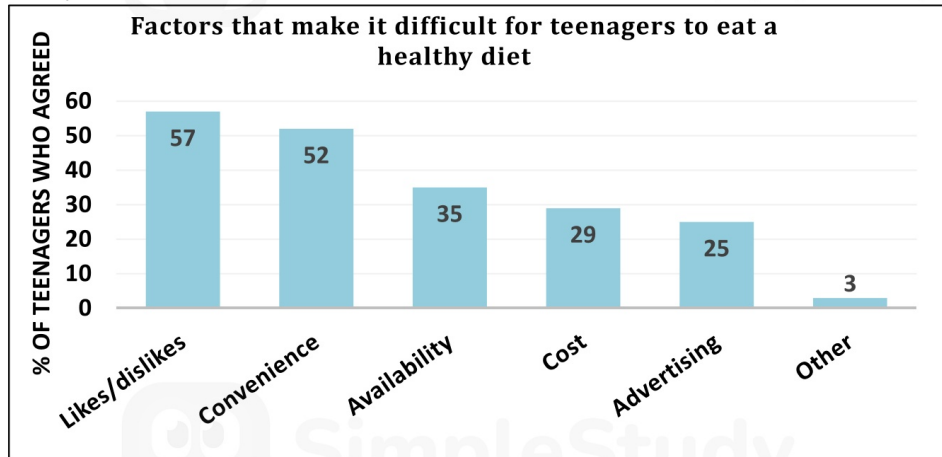
(i)
(ii)

Question 11

Question 1

'Health-related habits developed during teenage years tend to persist into adulthood.' (*iuna.net*)

The National Teens Food Survey II highlights the difficulties teenagers experience when trying to eat a healthy diet. (*adapted from iuna.net*)



- (a) Using the information provided in the chart, comment and elaborate on the factors that make it difficult for teenagers to eat a healthy diet. (20 marks)
- (b) Give a detailed account of the dietary measures to follow when planning and preparing meals for teenagers. (20 marks)
- (c) An adequate intake of Vitamin D is essential in a healthy diet.
Give an account of Vitamin D with reference to:
- biological functions
 - effects of deficiency
 - properties. (20 marks)
- (d) Discuss how the health status of an individual can influence their choice when purchasing foods. (20 marks)

Question 12

Question 4

'Homeownership is good for individuals, families and communities.' (*Housing for All, 2021*)

- (a) Analyse the socio-economic factors that determine housing choices for potential buyers. (16 marks)
- (b) Discuss the conditions that lending institutions require for potential buyers in order to qualify for a mortgage. (24 marks)
- (c) Explain how consumers are protected by the Sale of Goods and Supply of Services Act (1980) when availing of the services of an electrician in the home. (10 marks)

Question 13

Question 5

Marriage and families are recognised social structures.

- (a) Describe the legal obligations for marriage in Ireland. (16 marks)
- (b) Analyse how socio-economic factors have affected the changing roles of older family members in contemporary society. (20 marks)
- (c) State why it is important to make a will and outline the procedure involved in making a will. (14 marks)

Question 14

4.(a) 'Food waste is bad for the environment and bad for our pockets.' (www.safefood.net)

(i) Discuss the nutritional significance of vegetables in the diet. (20 marks)

(ii) Give an account of a method of home preservation suitable for vegetables.

Refer to:

- name of preservation method
- underlying principle
- suitable packaging. (18 marks)

(iii) Evaluate irradiation as a commercial method of food preservation. (12 marks)

Question 15

4.(c) Household technology has become an integral part of our lives.

(i) Set out details of a study you have undertaken on an appliance with a heating element.
Refer to:

- construction
- working principle
- guidelines for use.

(18 marks)

(ii) Discuss the factors that influence consumers' decision making when purchasing large household appliances.

(12 marks)