



Education and Sport Development

Department of Education and Sport Development
Departement van Onderwys en Sport Ontwikkeling
Lefapha la Thuto le Tlhabololo ya Metshameko
NORTH WEST PROVINCE

GRADE 11

LIFE ORIENTATION
MID – YEAR EXAMINATION 2019
MARKING GUIDE

This Paper consists of 11 Pages



INSTRUCTIONS TO MARKERS

1. Please mark according to the provincial examination guideline.
2. Consider all realistic / relevant answers.
3. Do not expand the memorandum with your own answers as this is a common provincial task and should assist in fair and valid assessment across the province.
4. Adhere to the memorandum throughout the marking process as the questions are content specific and answers should reflect the content taught and assessed.
5. Mark accurately and always check all calculations and transfer of marks.
6. At least 10% of all answer scripts should be remarked by the HOD / senior teacher as part of the post-moderation process.
7. Remember we are working with learners' futures, so let us be fair, valid and just in assessing their work.



SECTION A

QUESTION 1 – Multiple choice

1.1. C ✓

1.2. A ✓

1.3. B ✓

1.4. C ✓

1.5. C ✓

1.6. D ✓

1.7. C ✓

1.8. C ✓

1.9. C ✓

1.10. C ✓

(1x10) (10)

QUESTION 2 - MATCH COLUMN A AND B

2.1. F ✓

2.2. E ✓

2.3. G ✓

2.4. B ✓

2.5. E ✓

(1x5)(5)

QUESTION 3- Replacing a sentence with one word

3.1. A [action] plan ✓

3.2. Cultures; ✓

3.3. Values ✓

3.4. Relationships ✓

3.5. Sexting ✓

(1x5) (5)

TOTALSECTION A = (20)



SECTION B-
Learners' responses must be in full sentences

4.1. In a tabular form give THREE rights and THREE responsibilities in relationships

| Rights | Responsibilities |
|--|--|
| To be healthy ✓ | Accepting the responsibility to be healthy ✓ |
| To have power over your own body ✓ | Not giving away that power ✓ |
| To be listened to and be taken seriously ✓ | To listen to and take others seriously ✓ |
| To have time for fun and entertainment ✓ | To behave responsibly during that time |
| To make your own decisions ✓ | To accept the decisions of others ✓ |
| To be told the truth ✓ | To tell the truth ✓ |
| To be private when you want to be ✓ | To respect the privacy of others ✓ |

Any other relevant answer for one mark each ✓

[3+3][6]

4.2. **Explain THREE strategies that can enable a person to end an abusive relationship safely.**

- Tell an adult whom you trust ✓ so as assist and support you when you finally do it ✓
- Report the incident to the police ✓ for the law to deal with the abuser ✓
- Avoid being alone with the abusive person ✓✓ so that you always have somebody to protect or seek help on your behalf ✓
- Apply to the court of law for a protection order ✓ so that he/she be arrested should he/she violate it ✓

Any other relevant answer for TWO marks each ✓✓✓

[3x1] [3]

4.3. **Analyse** any THREE impacts of media on values and believes about relationships.



- The media can show marriage in many negative ways such as displaying a person who has only been married for a month and is getting divorced - less commitment by spouses ✓✓
- It over estimates the intimacy of people's relationships by giving the impression that they don't have problems at all ✓✓
- It usually compares relationship of one person with the other online- People may possibly adopt behaviours , attitudes, and beliefs from those within their social network ✓✓
- Media can extend the sphere of influence by including people you would like to meet - Make people to believe that you can have a relationship and marry a person whom you met online ✓✓
- Media can make people to confuse digital intimacy for true intimacy- People become seduced by ease of connecting with others online and begin to think that the relationships are more intense ✓✓
- Media makes people more susceptible to Social Media Contagion Effect- Even though you have never met a person in real live, their ' bad behaviour can still influence yours ✓✓

[3X2]= [6]

Any other relevant answer for TWO marks ✓✓

Total = [15]



Question 5

5.1 Define Body Mass Index (BMI) and how is it calculated?

- Body Mass Index (BMI) is a person's weight in kilograms divided by the square of height in meters ✓✓

Any other relevant answer for TWO marks ✓✓

[1x2][2]

5.2 List any THREE benefits of regular physical activity?

- Improve mood ✓
- Promote better sleep ✓
- Strengthen your bones and muscles ✓
- Improve overall health and reduces the risk for heart disease, Stroke, type 2 diabetes, depression ✓
- Improve cardio respiratory fitness ✓
- Boost energy ✓
- Control weight ✓
- Promote healthy living habits ✓

Any other relevant answer for ONE mark ✓

[3x1][3]

5.3. Suggest any TWO strategies that the community can use to promote physical activity

- Organising campaigns ✓ to encouraging people living in walk-able neighbourhoods to walk 20 minutes everyday ✓
- Increase percentage of population engaging in physical activity ✓ by incentivising these activities ✓
- Encourage people to support obesity prevention activities ✓ and abide by its rules ✓
- Communicate and mobilise communities ✓ to ensure that children live active lives ✓
- Encourage community members to take part in different kinds of physical activities ✓ by organising fun run, colour run and games ✓
- Help people to socialise ✓ by organising different sporting events where they will play, be motivated and mingle at the same time ✓

Any other relevant answer for ONE mark each ✓

[2x2][4]



5.4 Examine how playing indigenous games has helped you to develop your leadership skills. Give THREE points.

- It develops teamwork which helps motivate participants to do their work ✓✓
- To be trust worthy by showing the team that you need them ✓✓
- It assists in teaching how to handle different kinds of people and their problems, putting ✓✓
- Instil self-awareness and confidence aware by understanding myself better (strengths and weaknesses) ✓✓
- Empathy to understand my team (listen more than to speak) ✓✓
- To have passion for sports ✓✓
- To have discipline and be able to live by example ✓✓
- Delegation to let go of control and to understand that you might not always be right and have all the answers ✓✓
- Giving feedback to the team in real time (be specific and clear) ✓✓
- Receiving feedback(actively solicit feedback from the team) ✓✓
- Communication skills To speak clearly, work on body language, tone of voice) ✓✓
- Consistency by setting clear expectations because having a boss that is unpredictable is too stressful for the team to handle ✓✓

Any other relevant answer for TWO marks ✓✓

Any [3x2][6]

Total = 15

TOTAL FOR SECTION B= 30



SECTION C

QUESTION 6- CAREERS AND CAREER CHOICES

Your answers must be in an essay form.

6.1 Explain the following options for financial assistance

Bursary

- Money given to students in order to further their studies/ A monetary award made by an institution to individuals or groups of people who cannot afford to pay full fees ✓

Study loans

- Award given to students based on some sort of excellence, be academic, sporting or other talent ✓

Scholarship

- A financial award usually given to students based on their outstanding academic achievements/ A grant or payment made to support a student's education, awarded on the basis of academic or other achievement. Recipients are not always expected to repay or work back the money they receive ✓

Any other relevant answer for ONE mark ✓

[1x3][3]

6.2 Outline THREE basic promotional requirements for NSC

You need the following to pass:

- One official language at home language level-minimum 40% ✓✓
- Two other subjects-minimum 40% ✓✓
- Three subjects-minimum 30% ✓✓

[3x2][6]

6.3 Discuss any THREE benefits of getting a bursary as a financial assistance

- Help to lessen financial burden on the learner. ✓✓
- Help students to have more time to focus on their studies ✓✓
- To help you make informed decision about what you intend to study because you are not restricted by lack of finances. ✓✓
- Allows one to complete his/her studies ✓✓
- Learners get the opportunity to further their studies at institutions of their choice. ✓✓

Any other relevant answer for TWO marks ✓✓

[3x2][6]

Total =15



QUESTION 7- SOCIAL AND ENVIRONMENTAL RESPONSIBILITY

7.1 Define the word global warming

- A gradual increase in the overall temperature of the earth's atmosphere generally attributed to the greenhouse effect caused by increased levels of carbon dioxide/A slow heating up of the earth's atmosphere ✓

Any other relevant answer for ONE mark ✓ [1x1][1]

7.2. Explain any TWO impacts of climate change on the world

- The number of forest fires will increase✓and not enough rain will fall for new trees to grow✓
- The sea will get warmer✓, which will have an effect on the type and number of fish✓
- The world will get warmer✓ and rainfall patterns change✓
- Sea levels will rise✓ and life on earth will be threatened.
- Droughts, floods and temperatures will be extreme✓, this will threaten health✓
- Maize fruit and cereal production will be badly affected ✓, this will results in famine.

Any other relevant answer for TWO mark ✓ ✓ [2x2][4]

7.3. Discuss any THREE things which can be done at home to mitigate the effects of climate change.

- Plant indigenous trees that are drought resistant around the yard✓✓
- Use motor cars less, as they are the fastest growing source of greenhouse gases✓✓
- Recycle paper to save trees and the energy needed to make more paper✓✓
- Don't build houses in places where there are likely to be floods and big waves✓✓
- Turn off tap and don't let the water run✓✓
- Collect rain water to use it in the garden✓✓

Any other relevant answer for TWO marks ✓ ✓

Any [3x2][6]



7.4. Suggest any TWO strategies that the South African government can employ to reduce the effect of climate change

- Hold awareness campaigns to educate people about the effects
- **Encourage people to:**
- To plant native, drought-resistant trees and shrubs around their homes ✓✓
- To leave cars at home and walk ✓✓
- Replace current home appliances (refrigerator, washing machine, dish washer) with high efficiency models ✓✓
- To use electric or push mower instead of a gasoline-powered mower to cut
- Replace incandescent light bulbs with compact fluorescent bulbs ✓✓
- Recycle home's waste newsprint, cardboard, glass and metal ✓✓
- To install a solar heated system to provide hot water ✓✓
- To buy food and other products with reusable or recyclable packaging ✓✓

Any other relevant answer for TWO marks ✓✓

[2x2][4]

TOTAL: 15

Question 8

8.1 Give the explanation of the following terms:

8.1.1 Rule of law

It means that all citizens of a country have to follow its laws, no matter how powerful the people are ✓

8.1.2 Transparency

It means that government must be open to the public and to the public and not try to hide its actions/Open, not hiding anything, clear and easy to understand ✓

8.1.3 Accountability

It means being held responsible, explaining actions or decisions/The fact or condition of being accountable and responsible/ To take responsibility for own actions, performance and decisions and give reasons why for doing or not doing something ✓

[3x1][3]

Any other relevant answer for ONE mark ✓



8.2 Identify any FOUR government structures that the community can use to participate in the law making process of the country.

- Trough local and community structures✓
 - They participate through joining School governing body✓
 - They participate through the formation of NGOs✓
 - They participate through Community policing forum ✓
 - Any other relevant answer for one mark ✓
- [4x1][4]

8.3. Outline in FOUR points, the importance of transparency in a democratic government

- The public can check up on what people in authority are doing✓✓
 - People can get information they need to participate in the democratic process✓✓
 - There are no hidden interests and agendas, which means that people don't have plans that they keep secret✓✓
 - The authorities will have less opportunity to abuse the system✓✓
 - People will see what decisions are being made, and if and how these decisions are carried out ✓✓
- [4x2][8]

TOTAL:15

TOTAL FOR SECTION C: 30

GRAND TOTAL: 80

